

Psychology

Words About the Soul

And the very God of peace sanctify you wholly; and I pray
God your whole **spirit and soul** and body be preserved
blameless unto the coming of our Lord Jesus Christ.
1 Thessalonians 5:23

The word psychology is made of two Greek words: *psuche* and *logos*. *Psuche* (psych) is soul and *logos* (ology) is word. Psychology literally means a word about the soul. **Psychology has to do with words concerning the soul.**

Soul is a spiritual entity. “And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living **soul**.” (Genesis 2:7) When God created Adam, the Lord had already made his physical body. Yet Adam did not have a soul or spirit. The physical part of man came from the dust of the ground. The spiritual part of man was breathed into him by God. God imparted spiritual life. God gave him a spirit and a soul.

Psychology tries to repair problems of the soul. Christians need not turn to man’s theories when it comes to treating issues of our soul. Where can we find wholesome and truthful words about the soul? **We find words about the soul in the Holy Bible!** The Bible is God’s words about the soul.

The Bible tells us all about our sin, our Saviour, and how to change our behavior. Christians already have a book that deals with the soul and spirit. May we look to the Creator of our soul to find truthful “words about the soul”.

For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of **soul and spirit**, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.
Hebrews 4:12

James Utter

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