

Psychology

Fails the Test of Science

O Timothy, keep that which is committed to thy trust,
avoiding profane and vain babblings, and oppositions of
science falsely so called: 1 Timothy 6:20

Observation, observation, observation is the heart of science! The scientific method is built upon things that are observable, testable and repeatable. The theory of psychology is not science because it does not not meet the scientific criteria.

Psychology concerns itself with intangible things such as fear, worry, discouragement, depression, hate, love, anxiety. These are emotional and metaphysical concepts. They cannot be defined by nor tested by science. For example, love is not scientific but is spiritual. "God is love" (1 John 4:8). Psychology attempts to solve spiritual problems. God has already spoken about spiritual issues. Christians have the Holy Bible.

Psychology contends with those things that God has already said about discouragement, fear, depression, anxiety etc. One place is: "**Be careful [anxious] for nothing**"; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And **the peace of God**, which passeth all understanding, shall keep your hearts and minds through Christ Jesus." (Philippians 4:6-7) The solution is simple. We give God our worries. He gives us his peace.

Psychological theories cannot be tested or proven by the scientific method since they deal with unseen spiritual matters. The Bible solves our emotional and human behavior problems.

Psychology has unfortunately been categorized under the field of science. It more rightly belongs to the branch of religion. **Psychology at its core is a religious belief** and a faulty one at that. May we seek out the Lord and not a powerless theory.

O taste and see that the LORD is good: blessed is the man
that trusteth in him. Psalms 34:8

James Utter

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